

Hastings Little League Safety Awareness Program and Coach Guidelines

Hastings Little League is an all-volunteer organization based in Hastings on Hudson, NY that provides an organized and instructional baseball and softball environment to children in the community. Our philosophy is to provide a **SAFE**, fun environment for our children to learn about the game and progress in their ability to play it.

Safety Plan and Coach forms with related materials to be included with each team's equipment bag to insure availability for practices and games.

Qualified Safety Plan Requirements:

1. **Hastings Little League Safety Officer: Tom Drake** registered with Little League Headquarters date: 03/30/2022
2. Hastings Little League will distribute a paper copy of the Hastings Little League Safety Manual and Guidelines to a manager/coach for each team. The Hastings Little League Safety Manual is also available on Hasting Little league website @ <https://www.hastingslittleleague.com/Default.aspx?tabid=2307233>
3. **Emergency Plan (Important Phone Numbers)**
Emergency Number 911 Local Police - 914.478.2344
Local Fire: Hook and Ladder (Main Street) - 914.478.1860 Riverview Manor Hose Company - 914.478.1663 Uniontown House Company - 914.478.2850
4. **League Board Contacts**

Name	Officer Type
Josh Phillips	League President
Rachel Curtis	League Secretary & Registrar
Alison Mort	League Treasurer
Tom Drake	League Safety Officer
Peter Constantine	League Player Agent
Barbara Rizzo	League Softball Vice President
Chris Varley	League Softball Vice President, Technology Officer
Andy Seewald	League Baseball Vice President
Eric Hyland	League Baseball Assistant Vice President
Paul Rice	Head of Equipment
Robert Lee	Head of Fields & Facilities
Gregg Weiss	Junior & Senior League Vice President
Amanda Hsiao	League Sponsorships

For the complete and up-to-date list of the Hastings Little League Board positions and names see www.hastingslittleleague.com.

5. Manager/Coach/Volunteer Application

All managers/coaches and volunteers for Hastings Little League must complete and sign a Volunteer Application Form (attached). The completed volunteer form and a copy of the coach/volunteer's license must be returned to Hastings Little League Safety Officer so a background check may be completed for all volunteers prior to fields opening and the start of practices each new little league season. See Appendix for Volunteer Form and Volunteer Form instructions. Coach and player rosters to be submitted to LL Data Ctr.

Background checks completed annually through JDP. SAP & G pg. 2

6. Training in Fundamentals of Softball/Baseball: 04/04/2024

At least one coach from each team will attend an annual training in the basics of softball/baseball and organizing a practice at Coach Orientation. Every coach must attend this training at least once every three years. Attendees need to sign in.

**For additional information see "Coach Materials" @ hastingslittleleague.com

7. Overview of A Safety Awareness Plan (ASAP) and Mandatory Abuse Awareness Training Notification: 04/04/2024

The HLL safety officer shall conduct an annual overview of the ASAP plan and also notify all volunteers of mandatory Abuse Awareness Training being provided by USA Baseball.

8. Basics of First Aid Training: 04/04/2024

At least one coach from each team will attend an annually provided training in the basics of First Aid. Every coach must attend once every three years. Attendees must sign in.

Jared Rosenberg of the Greenburgh Police Dept will give the basics of First Aid Training and AED @ Southside Club. Training will review common health and injuries at practice including but not limited to:

- concussions
- hydration
- heat exhaustion
- sprains/ fractures
- abrasions
- nose bleeds
- allergy concerns
- weather- thunderstorms
- Automated External Defibrillator

9. Accident Report Form

An Accident report form (appendix) should be completed and sent to the Safety Officer

for each injury to a player/coach in a game or practice, that requires follow up care by a doctor or ER. Softee balls supplied to Rookie Baseball/Rookie Softball/8U Softball & T-Ball. See benefit of Low Impact Balls (Appendix)

10. Field Inspection

Coaches will walk and visually inspect fields prior to practices and games. checklist "Coach/Umpire Field Inspection" for a guide to possible hazards. Umpires are expected to walk and inspect the field prior to each game.

Report field hazards to: HLL President Josh Phillips & Head of Field Maintenance Rob Lee

Facility Survey Updated date: 03/23/2024. Annual Facility Survey will be completed prior to the start of each Spring season. The completed Facility survey will be submitted annually to Little League with the Safety Plan.

11. Concession Stand Safety

If the Concession Stand is opened for food sales information relating to procedures and suggestions for concession stand safety will be provided to the concession stand. The concession stand will adhere to safe food preparation and storage procedures. Proper Hand Washing Technique and Safe Concession Stand procedures have also been posted in concession stands (copy attached). See the attached SAP & G pg. 3

12. Equipment Review and Inspection

The Equipment Manager/League Safety Officer will inspect all equipment at the start of the Spring season. Coaches will ensure proper equipment for each game. Catcher's gear will be complete and in working condition. Umpires will inspect player equipment as needed prior to each game.

Heart guards have been provided for each Minor/Major baseball team for Pitchers. All fields use disengage-able bases to reduce possible injuries.

13. Accident Tracking and Reporting

The League will track and report accidents using the Incident Tracking form (by Safety Officer) and the Accident Notification Form (by Coach). Additional forms will be available on the League website. Accidents at a game or practice that require first aid should be reported to the League Safety Officer within 48 hours of an incident. Email details of the incident (player name, brief description, first aid provided) to email below. If follow up medical care is required, complete an accident report form and forward to below. A Copy of Accident Report Form is also in Appendix of this manual.

League Safety Officer: Tom Drake Cell: (914) 400-9701, drake533@gmail.com

14. First Aid Kit

Each team will be issued an updated First Aid kit. First aid kits will be included with team equipment and are required at practices and games. Extra equipment can be found in each field "tough box."

15. Enforcement of Rules

ALL Managers/Coaches will follow and enforce Hastings Little League rules, promote good sportsmanship in play, and player safety within games and practices, including:

- ** Proper protective gear for catchers
- ** NO on-deck batters
- ** Coaches/Volunteers will not warm up pitchers
- ** Bases will disengage on all fields
- ** double first base on all fields

See appendix for Parent Code of Conduct

16. Little League Requirements

A copy of the League's Safety Manual and the Safety Program Registration Form will be completed and submitted annually to Little League with all updates and changes and posted on the League website.

The League will submit player registration data with player and coach/manager rosters once registration is complete and teams rosters are completed.

Data to be entered @ www.LittleLeague.org

Appendix

Forms and Attachments:

Little League Volunteer Application Form Volunteer Form Instructions Accident Notification Form

Low Impact Balls Equipment Checklist

Coach Field Inspection Form Umpire Inspection Form Parent Code of Conduct Form